



Effective: July 1, 2015

## DICED COOKED TURKEY ROAST WITH GRAVY (780)

Ingredient Statement: Cooked Turkey Roast (turkey, water, salt, sodium phosphate); Gravy (water, chicken broth, turkey gravy [maltodextrin, cornstarch, modified cornstarch, salt, soybean oil, tamari soy sauce {soybeans, salt, wheat}, hydrolyzed plant protein {corn, wheat, soy}, and less than 2% of coconut oil, corn syrup solids, sodium caseinate {from milk}, yeast extract, partially hydrogenated soybean and cottonseed oils, dipotassium phosphate, mono- and diglycerides, silicon dioxide, soy lecithin, thiamine hydrochloride, dextrose, xanthan gum, caramel color, black pepper, disodium guanylate, disodium inosinate, lactic acid, calcium lactate, titanium dioxide, natural flavors], modified food starch; maltodextrin; chicken base [salt, dextrose, chicken fat, vegetable shortening {hydrogenated soybean and/or cottonseed oil}, cornstarch, hydrolyzed vegetable protein, onion powder, celery salt, disodium inosinate and disodium guanylate, celery seed, spices]); Granulated Garlic; Caramel Powder.  
Contains: Milk, Soy, Wheat

<b>Nutrition Facts</b>	
Serving Size 4 ounces (113g)	
Servings Per Container 20	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	<b>Calories from Fat</b> 35
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 1g	<b>6%</b>
<b>Cholesterol</b> 35mg	<b>11%</b>
<b>Sodium</b> 580mg	<b>24%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 15g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

5151 Alcoa Avenue, Vernon CA 90058  
 Telephone: (323) 826-2144 Facsimile: (323) 826-2150  
[www.Roseandshore.com](http://www.Roseandshore.com)

	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	109.67	124.36
Calories from Fat	30.74	34.86
Calories from Saturated Fat	9.71	11.02
Protein	13.35 g	15.14 g
Carbohydrates	5.55 g	6.30 g
Dietary Fiber	0.03 g	0.04 g
Soluble Fiber	0.01 g	0.01 g
Sugar - Total	0.06 g	0.07 g
Other Carbohydrates	3.65 g	4.13 g
Fat - Total	3.42 g	3.87 g
Saturated Fat	1.08 g	1.22 g
Mono Fat	0.71 g	0.81 g
Poly Fat	0.94 g	1.06 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	29.65 mg	33.63 mg
Vitamin A	1.97 IU	2.24 IU
Thiamin - B1	0.03 mg	0.34 mg
Riboflavin - B2	0.12 mg	0.13 mg
Niacin - B3	3.64 mg	4.12 mg
Vitamin C	0.00 mg	0.00 mg
Vitamin E Alpha-Tocopherol	0.21 mg	0.24 mg
Calcium	10.21 mg	11.57 mg
Iron	1.00 mg	1.14 mg
Magnesium	14.02 mg	15.90 mg
Phosphorus	145.58 mg	165.09 mg
Potassium	188.10 mg	213.30 mg
Sodium	511.70 mg	580.27 mg
Zinc	1.44 mg	1.64 mg