



Effective: July 1, 2012

SLOPPY JOE'S (890)

Ingredient Statement: Beef; Water; Tomato Paste; Onion; Brown Sugar; Modified Food Starch; Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Onions, Salt, Garlic, Tamarind Concentrate, Cloves, Natural Flavorings, Chili pepper Extract); Garlic; Salt; Onion Powder; Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spices).

Nutrition Facts

Serving Size 5 ounces (142g)	
Servings Per Container One	
Amount Per Serving	
Calories 210 Calories from Fat 90	
	% Daily Value*
Total Fat 10g	15%
Saturated Fat 3.5g	18%
Cholesterol 55mg	19%
Sodium 380mg	16%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	6%
Sugars 5g	
Protein 19g	
Vitamin A 8%	• Vitamin C 10%
Calcium 4%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

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	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	145.82	206.70
Calories from Fat	62.19	88.16
Calories from Saturated Fat	23.29	33.02
Protein	13.15 g	18.63 g
Carbohydrates	7.28 g	10.32 g
Dietary Fiber	0.97 g	1.38 g
Soluble Fiber	0.04 g	0.05 g
Insoluble Fiber	0.07 g	0.09 g
Sugar - Total	3.78 g	5.35 g
Other Carbohydrates	2.19 g	3.11 g
Fat - Total	6.91 g	9.80 g
Saturated Fat	2.59 g	3.67 g
Mono Fat	2.71 g	3.84 g
Poly Fat	0.23 g	0.33 g
Trans Fatty Acids	0.47 g	0.66 g
Cholesterol	39.64 mg	56.18 mg
Vitamin A	272.41 IU	386.14 IU
Thiamin - B1	0.03 mg	0.05 mg
Riboflavin - B2	0.10 mg	0.15 mg
Niacin - B3	2.71 mg	3.85 mg
Vitamin - B6	0.20 mg	0.28 mg
Vitamin - B12	1.08 mcg	1.54 mcg
Biotin	0.84 mcg	1.19 mcg
Vitamin C	4.48 mg	6.35 mg
Vitamin E Alpha-Tocopherol	0.96 mg	1.36 mg
Folate	5.96 mcg	8.45 mcg
Vitamin K	2.60 mcg	3.69 mcg
Calcium	21.90 mg	31.04 mg
Chloride	87.58 mg	124.14 mg
Copper	0.11 mg	0.16 mg
Iron	1.92 mg	2.73 mg
Magnesium	19.78 mg	28.04 mg
Phosphorus	99.19 mg	140.60 mg
Potassium	381.75 mg	541.13 mg
Sodium	265.94 mg	376.97 mg
Zinc	2.94 mg	4.17 mg