



Effective: July 1, 2015

**DELI STYLE TURKEY & CHEESE ON A
SANDWICH BUN (TDB100WC)**

Ingredient Statement: Cooked Sliced Deli-Style Turkey Breast (turkey breast, water, contains less than 2% of salt, modified food starch, potassium lactate, sodium lactate, sodium phosphate, dextrose, sodium diacetate); White Whole Wheat Bun (water, white whole wheat flour, wheat flour enriched [niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], malted barley, ascorbic acid], high fructose corn syrup, yeast, contains 2% or less of: vital wheat gluten, soybean oil, salt, calcium propionate, DATEM, mono-glyceride, enzymes, ascorbic acid, ADA); Pasteurized Process Blended American Cheese (American cheese [milk, cheese cultures, salt, enzymes, annatto], water, skim milk, sodium citrate, color added, salt, sorbic acid, soy lecithin).
Contains: Milk, Wheat and Soy

Nutrition Facts	
Serving Size 4.80 ounces (136g)	
Servings Per Container One	
Amount Per Serving	
Calories 260	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 45mg	14%
Sodium 760mg	32%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	10%
Sugars 5g	
Protein 19g	
Vitamin A 0%	• Vitamin C 6%
Calcium 25%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

5151 Alcoa Avenue, Vernon CA 90058
Telephone: (323) 826-2144 Facsimile: (323) 826-2150
www.Roseandshore.com

	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	190.53	259.27
Calories from Fat	49.09	66.80
Calories from Saturated Fat	12.50	17.01
Protein	14.09 g	19.18 g
Carbohydrates	22.14 g	30.13 g
Dietary Fiber	1.86 g	2.53 g
Soluble Fiber	0.40 g	0.54 g
Sugar - Total	3.44 g	4.68 g
Other Carbohydrates	17.92 g	24.39 g
Fat - Total	5.45 g	7.42 g
Saturated Fat	1.39 g	1.89 g
Mono Fat	1.19 g	1.62 g
Poly Fat	2.83 g	3.85 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	31.89 mg	43.39 mg
Vitamin A	33.07 IU	45.00 IU
Thiamin - B1	0.10 mg	0.14 mg
Riboflavin - B2	0.06 mg	0.09 mg
Niacin - B3	2.38 mg	3.23 mg
Vitamin C	2.86 mg	3.89 mg
Vitamin E Alpha-Tocopherol	0.20 mg	0.28 mg
Calcium	167.30 mg	227.66 mg
Iron	1.16 mg	1.57 mg
Magnesium	22.03 mg	29.98 mg
Phosphorus	33.25 mg	45.25 mg
Potassium	169.30 mg	230.38 mg
Sodium	558.45 mg	759.92 mg
Zinc	0.36 mg	0.48 mg